

Exhibit E

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UNITED STATES DISTRICT COURT
FOR THE NORTHERN DISTRICT OF CALIFORNIA

- - -
IN RE: SOCIAL MEDIA ADOLESCENT :MDL NO.
ADDICTION/PERSONAL INJURY PRODUCTS :4:22-MD-
LIABILITY LITIGATION :3047-YGR
:

SUPERIOR COURT OF THE STATE OF CALIFORNIA
FOR THE COUNTY OF LOS ANGELES
SPRING STREET COURTHOUSE

- - -
COORDINATION PROCEEDING SPECIAL TITLE :
(RULE 3.400) :LEAD CASE
:NO. FOR
SOCIAL MEDIA CASES :FILING
:PURPOSES
:22STCV21355
:

- - -
CONFIDENTIAL - PURSUANT TO PROTECTIVE ORDER
DEPOSITION UNDER VIDEO EXAMINATION OF
LOTTE RUBAEK
April 1, 2025

Videotaped deposition of LOTTE RUBAEK taken pursuant to notice, was held at the law offices of Lieff Cabraser Heimann & Bernstein, 250 Hudson Street, New York, New York, beginning at 9:03 a.m. Eastern, on the above date, before Michelle L. Ridgway, a Registered Professional Reporter, Certified Court Reporter (NJ-CCR # XI02126), Certified Realtime Reporter, Certified Shorthand Reporter (CA-CSR # 14592), and Notary Public.

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1 publicly called out Meta for harming kids after the
2 documentary, right?

3 A. Yes.

4 Q. And here, you sat down with them
5 privately and went through the problems that your
6 patients were reporting in detail?

7 A. Yes.

8 Q. At some point after this
9 presentation, were you asked by Meta to join the
10 global -- what they call the Global SSI Expert
11 Advisory Board?

12 A. Yes, I was. I guess when I
13 presented all of this to [REDACTED], he mentioned
14 it. He mentioned the global expert group at that
15 meeting for the first time. And then at a later
16 point, he reached out to me and asked if I could be
17 interested in joining this group.

18 Q. And did you agree to serve on that
19 group?

20 A. Yes, I did.

21 Q. What did you hope to achieve?

22 A. I was very hopeful. I hoped that,
23 because of all the risks and all the damages I saw
24 that Instagram was doing to the young people that I
25 work with, and also what I heard from the rest of

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1 the topics we are talking about today,
2 suicide and nonsuicidal self-injury.

3 BY MS. FLOWERS:

4 Q. And these are impressions that
5 you've -- sorry. Strike that.

6 These are observations that you've
7 gained from your own clinical practice; is that
8 right?

9 MR. CHAPUT: Object to the
10 form.

11 THE WITNESS: These are
12 observations from my own clinical practice,
13 and it is also based on research.

14 BY MS. FLOWERS:

15 Q. Did there come a time when you
16 resigned from the expert panel?

17 A. Yes. I resigned from the expert
18 panel March -- so a year ago, March 2024.

19 Q. What happened to lead you to resign
20 from the expert advisory board?

21 A. I had been -- I had been thinking
22 about doing it almost all the time I was there,
23 because I quickly realized that my expertise was
24 not used in the expert group.

25 In a period, for a while, I also