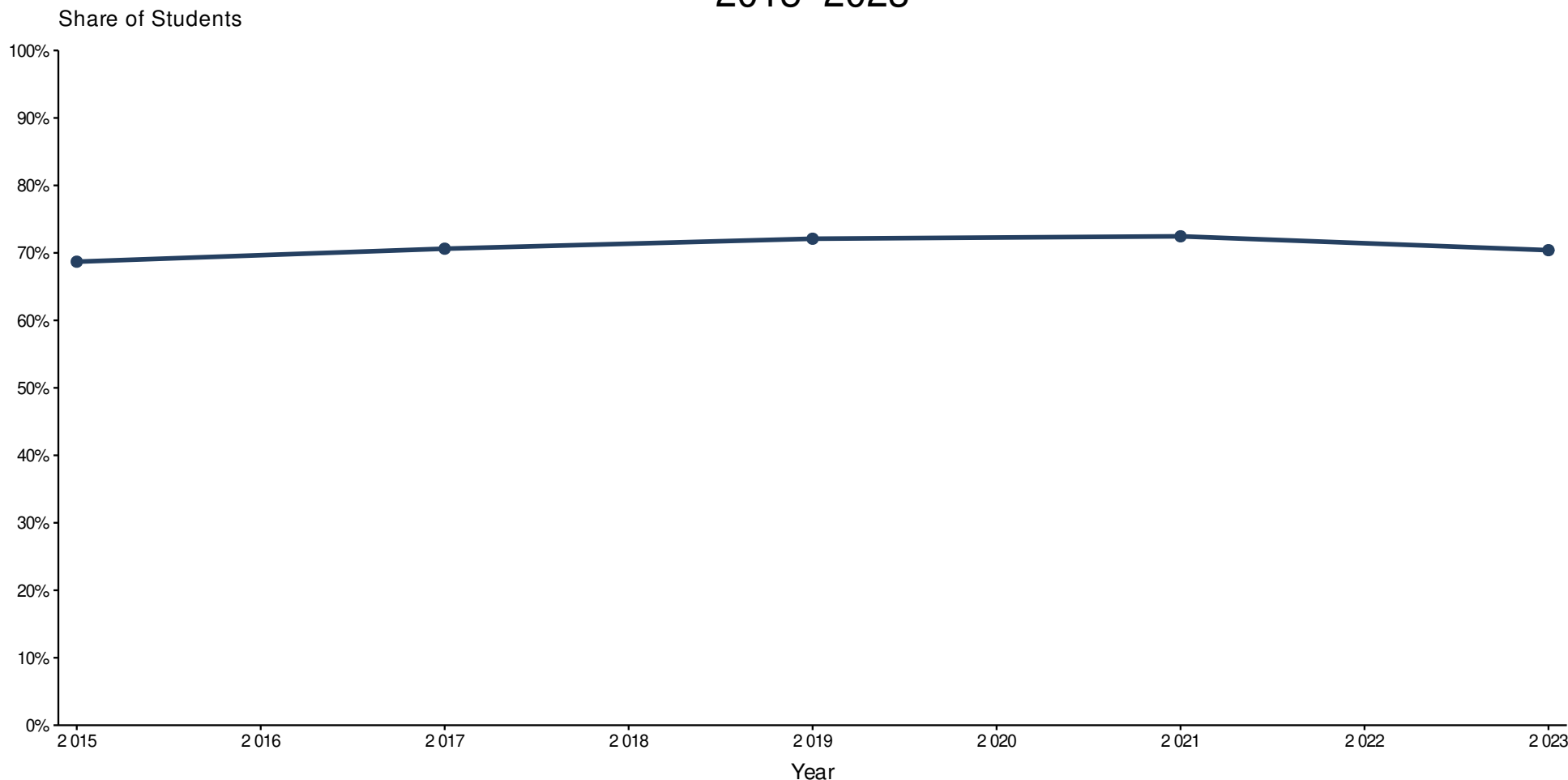


Share of New Mexico High School Students Who Report Sleeping for Less than 8 Hours on an Average School Night (YRRS)

2015–2023



Source: New Mexico Department of Health, 2015–2023 New Mexico Youth Risk & Resiliency Survey ("YRRS") for New Mexico high schoolers.

Note: This chart shows the share of New Mexico high school students who report sleeping for less than eight hours on an average school night via the YRRS (Youth Risk and Resiliency Survey) High School Survey. The national Youth Risk Behavior Survey (YRBS), which the YRRS is a part of, uses a three-stage cluster sample design to produce a representative sample of 9th through 12th grade students. The target population consisted of all public, Catholic, and other private school students in grades 9 through 12. A weighting factor was applied to each student record to adjust for nonresponse and the oversampling of Black and Hispanic students in the sample. The final, overall weights were scaled so the weighted count of students was equal to the total sample size, and the weighted proportions of students in each grade matched population projections for each survey year. Responses from respondents for which weights were not provided were dropped.