

# Pros Social Media Cons

## • Social aspect /connecting

## • ideas /creativity

## • Voice

• Information

• Positivity

• Promotion

## • Positive Influences

• Positive Production

• Self Care

• Encouraging Health

• Helpful

• D.I.Y

• Negative Influences

• Cyber bullying

• Creeps

• Peer Pressure

• Dopamine overload

## • Wasting time

• Toxic

• Getting addicted

• Scams

• Sextortion

## • Bad websites

• Bad for mental health

• FOMO

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